

Aging with Pride: IDEA

Innovations in Dementia Empowerment and Action
The Goldsen Institute - University of Washington

Part of the LGBTQ Community?

LGBTQ & Memory Problems Research Study

A virtual study that may help those who have Alzheimer's, dementia or memory problems.



Why should you participate?

- It's TOTALLY FREE!
- Advance health opportunities for people in the LGBTQ community who have Alzheimer's, dementia or memory problems in the comfort of your own home.
- Get coaching from trained coaches in problem-solving, improving communication, and a gentle exercise program designed to improve physical functioning.
- Get up to \$125 for completing telephone assessments.

Who can participate?

- Pairs participate in this study. One of the pair has Alzheimer's, dementia, or memory problems and is 50 years old or older. The other is their care partner.
- At least 1 person of the pair must be LGBTQ.
- Neither is currently living in a long-term residential care setting (i.e., nursing home).
- Pairs participate in virtual coaching sessions for 6 weeks.

About the research center:

The Goldsen Institute at the University of Washington is an innovation hub that researches vulnerable populations and creates interventions to improve their health, wellness, and longevity. The Goldsen Institute is dedicated to building a world where all ages thrive throughout their lives.



Take the first step
Scan the QR Code to Learn More

Connect with the research team at ageidea@uw.edu
Questions? Give us a call! 1-888-655-6646