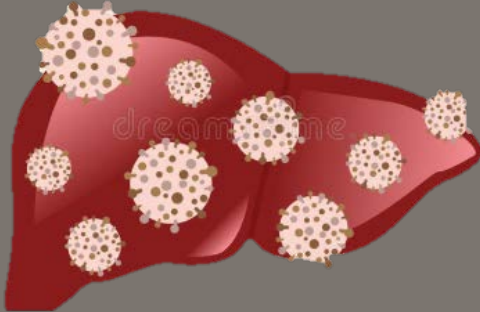


What is Hepatitis C?

Hepatitis C is a virus that infects the liver and causes inflammation. Hepatitis C virus is the most common blood-borne infection in the United States.



<https://www.dreamstime.com/stock-illustration-hepatitis-c-virus-attack-liver-vector-illustration-image94612209>

How do you get Hep C?

Hep C virus is transmitted through the blood. Common risk factors include sharing needles for injecting drugs and using dirty needles for tattoos and body piercings.

What are some symptoms of Hep C?

- Fatigue
- Joint aches
- Muscle aches
- Dark urine
- Yellowing of skin or eyes



HUNTRIDGE FAMILY CLINIC

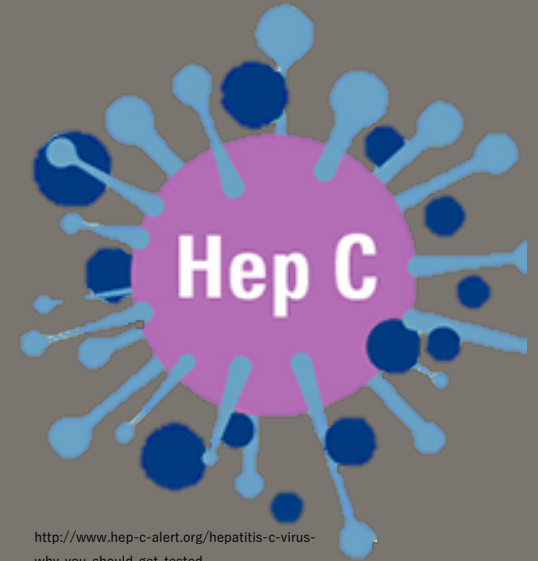
1830 E. Sahara Ave.

Las Vegas, NV 89104

(702) 979-1111

For more information on Hepatitis C visit:

<https://www.cdc.gov/hepatitis/hcv/cfaq.htm>



<http://www.hep-c-alert.org/hepatitis-c-virus-why-you-should-get-tested>



FREQUENTLY ASKED

QUESTIONS

Who should get tested for Hep C?

- Injection drug users, even once
- People who snort drugs through the nose
- Born from 1945-1965
- Received clotting factor concentrates made before 1987
- Received blood transfusions or solid organ transplants prior to July 1992
- Long term hemodialysis
- Hep C virus exposures, like needle sticks
- People with HIV
- Children of mothers with Hep C
- People in jails or prisons



How do I get tested for Hep C?

Rapid testing for Hep C is available at our clinic, and it only takes about 20 minutes to see the result.

Is there a vaccine for Hep C?

No, there is currently no vaccine for Hep C.



Is Hep C curable?

Yes! There are medications to cure chronic or long-term Hepatitis C virus.

What is the treatment for Hep C and how long do I have to take it?

The treatment is a pill that is taken by mouth for 8 to 12 weeks.

How effective is the treatment for Hep C?

The treatment for Hep C cures over 90% of people who take it and it has little side effects.

What are the side effects of Hep C treatment?

- Cough
- Fatigue
- Insomnia
- Nausea, vomiting, diarrhea
- Poor appetite
- Rashes and dry skin



What should I do if I miss a dose?

Take the next dose as scheduled. It is very important to stick to your correct medication schedule for the drug to work effectively.

What should I do if I become pregnant or want to become pregnant?

Do not become pregnant during and 6 months after completing the treatment. Talk to your provider immediately.



<https://www.123rf.com/clipart-vector/hcv.html?sti=lcqgkmj446w>

What can I do to prevent the spread of Hep C?

- Take medication as directed
- Avoid sharing items that may contain blood
- Cover up any open wounds
- Practice safe sex

What can I do to keep my liver healthy?

- Eat a low fat and low cholesterol diet
- Avoid high fructose corn syrup
- Exercise regularly
- Avoid alcohol and smoking

